# Bonner County Mothers' Club



Bonner County Mothers' Club Jodie Newsom 217 Carter Drive Sagle, ID 83860





#### MAY 2012 VOLUME 10

**Next Meeting:** May 9th 6:30pm @ Bonner Co. Library: It's a Mother's Day Extravaganza! Join us for a homemade celebration of mothers. Steph Voit will teach us a couple of her recipes for body products which are so much better for you than the chemicals we buy in the store...plus you will save \$\$\$ Then we will use that money to make some great gifts with Jodie: Flower Money bouquets! You will go home with gifts to pamper yourself AND you'll learn a few things too. Hope to see you there!

Join one of the BCMC book clubs. Contact Nicole Ripley at NicRip@gmail.com for information.

Book Club information was not available at publication time, so keep and eye out for information in your e-mail inbox.





#### Hello BCMC Friends!

What a couple months it has been! The weather in these months has gone from winter right to spring...taking quite a long time on its journey. Doesn't spring warmth seem to just take forever?!

Spring means muddy puddles for puddle jumpers, and muddy floors for moppy moms. 

In honor of April's meeting which was a wonderful lesson about messy play and why it's SO important for our kiddos, I've decided to let mine do more of that messy stuff. In an effort to keep my chore list down, I've come up with a few ideas to keep some of the mess at bay. A wash tub and a strip session at the front door does the trick for puddle jumping as well as worm digging, hose fighting, mud-slinging...well, you get the picture.

I've also begun keeping a stash of bath toys right under the sink (and now that all of our cleaners are homemade, I never worry about contaminating those toys with chemicals) so that bubble play is simple and easy to pick up. I've also found that bubble play and the spills it promotes reminds me to mop a little more frequently...which works for me and for the kiddo. (We each get a towel and scrub-a-dub until the floor is shiny!)

I've also started stashing projects for our princess all (ALL) over the house. I have noodles, beans and rice in the kitchen cupboard for "cooking" and sorting time. Pom Poms are near the tongs for muffin tin sorting. Probably the best idea is our craft cupboard where I keep lots of simple (and some more complex) crafting items so I can grab an easy craft (like Bingo dot painting!) when we need a little whine-stopper...and if that doesn't work I take the stopper out of the wine.  $\odot$ 

Another idea from the meeting that I found fun was to wear our kids out by requesting silly things of them like crab, kitty, alligator, penguin...or any kind of animal walking from one task/room to another. Also, heavy balls for play make a little more work of the play to promote good sleep. (And adult time, thank you!)

If you missed the meeting, just know this: our kids learn from play...so let them play! Help them make a mess and give them time to orchestrate big plans and huge ideas. (I hope I'm doing this wonderful class justice!) Maybe I'm the only one that needed that reminder...what a great reminder it is, though. Thank you to Meredith for her time and sharing her wealth of knowledge.

Thanks again to Jodie for always providing us with rich experiences through our monthly meetings and all through the year with our kids. I honestly don't know what I'd do without this club and the wonderful mother who started it all. Three cheers for Jodie! And Three Cheers for Mom! Happy Mother's day friends! I hope yours is filled with sticky kisses and sweet surprises. You deserve it.

Sincerely,

Stephanie Voit

#### Happy Birthday!!!!



Kids: Ben Cooper 4/3, Xavier Schmit 4/5, Elliot Kees 4/10, Jayden Posch 4/12, Genna Newsom 4/14, Lily Allen 4/15, Miri Claridge 5/1, Marielle Brooks 5/7, Karli Lippert 5/12, Jacob Hogan 5/18

Moms: Susan Clay 4/3, Kim Lippert 4/6, Camie Bost 4/15, Laura Randall 4/25, Kristin Dobson 5/11, Heidi Welch 5/14, Katie Foster 5/17, Autum Porter 5/24, Wendy Tortorella 5/24, Kathrin Youngberg 5/30, Mallorie Ely 6/2, Lisa Ailport 6/9.

Kappy Birthday to all of you!

#### **Upcoming Events:**

May 5 Opening Day of the Sandpoint Farmers Market. Browse the open-air market for locally grown fresh produce, baked goods and handcrafted arts and crafts from 9 a.m. to 1 p.m. in downtown's Farmin Park. Enjoy live music at the bandshell with Still Vertical and the Monarch Mountain Band.SandpointFarmersMarket.com. 208-597-3355

May 5 Mother's Day Shopping Extravaganza! The Bonner Mall in Ponderay hosts a Mother's Day Shopping Extravaganza from 10 a.m. to 5 p.m. featuring more than 25 vendors, selling everything from skin care products to handcrafted jewelry and handbags -- all for your Mother's Day shopping needs. There will be free face painting, giveaways, \$15 mini photo shoots by Nichole Tomlinson Photography, plus more than 30 items to be raffled off with all proceeds benefitting Relay for Life. Free admission. 208-304-3414

May 5 High Tea. Angels Over Sandpoint host an elegant High Tea fundraiser at 2 p.m. (doors open at 1:30 p.m.) in the St. Joseph's Catholic Church. Tickets are \$20. Proceeds benefit the Angels over Sandpoint and the community projects that they sponsor. AngelsOverSandpoint.org. 208-263-8557

May 5-6 Opening Weekend at Silverwood. Tickets are only \$19.88 per person in celebration of Silverwood's first season in "1988" during the opening weekend.

Available online in advance and at Silverwood's front gate. SilverwoodThemePark.com.

May 5th, 2012, 9am-12pm Home Depot Kids Work Shop Kids can build a planter box while meeting new friends, learning about tool safety and gain a sense of achievement and work ethic. Add embellishments, paint and even plants to your box while there also! Great Mother's day gift!

May 9th BCMC meeting 6:30 p.m. Bonner Co. Library. Stephanie Voit will share a couple of her body product recipes. We will make a WONDERFUL body scrub and a remarkable face wash that is customizable for any skin type for you to take home. Jodie will teach us how to make beautiful money bouquets that will make great gifts for birthdays, weddings, graduation and so much more. This will be a fun meeting celebrating Mother's Day by celebrating US! Come join in the fun! Hope to see you!

May 12 Bike Rodeo. Part of Bike Week, located at the Eureka Institute from 9:30-11am, parents and children can learn about bicycle safety. From 11:30am-1:30pm, enjoy a delicious BBQ. From 12pm-1:30pm, you can trade, shop, consult with mechanics and much more! Drop off your gear to sell that morning from 9-11am.

May 12 Doggie Do's and Don'ts. Carter Country presents with Dr. Bob Stoll, D.V.M. this class on doggie do's and don'ts. The meeting will be held at the Panhandle Health Building in meeting room 322 on Marion Street 208.263.8222.

May 12 Plant Sale. The annual Bonner County Historical Plant Sale begins at 8:30am at Lakeview Park. This sale features bedding plants, 20 plus varieties of tomatoes, perennials and veggie starts. The sale benefits the Bonner County Museum. 208.263.2344.

May 12 3rd Annual Faire Weather Market. Located at the Hope Memorial Community Center from 9am-1pm. This is the perfect opportunity to buy your spring bedding plants, perennials and specialty craft items, or that perfect last minute Mother's Day gift. 208.264.5481.

May 12 - Hope PTO "Spring Fling" Fundraiser. Treat your mom for Mother's Day from 9am-2pm at the Hope Elementary School. There will be a Bake Sale, Live Local Entertainment, BBQ Lunch, Car Wash, Kids Crafts, Yard

and Plant Sale, Kid Games, Massages and Manicure/Pedicure. 208.255.7232.

May 12 9am Carden School Open House. Selle Valley Carden School 1185 East Selle Rd. Demonstration of teaching techniques starts at 9:30am. Textbooks and children's work will be available to look through. They are currently enrolling Preschool - 2nd grade.

May 13th WE CHERISH YOU AND THE LOVE YOU BRING TO YOUR FAMILIES! HAPPY MOTHER'S DAY!!!!



May 13 Mother's

**Day Puppet Show.** The Panida's Little Theater hosts a Mother's Day Puppet Show at 1pm. Sponsored by the Eureka Institute. 208.263.9191.

May 17 Book Club Number One will have their meeting out this month. Sounds like fun!

May 17 Bike to School and Work Day. Give your car the day off and ride your bike to school or work. Stop by one of four aid stations to pick up free goodies and enter a free raffle to win great prizes. 208.255.4496

May 17-20 Lost in the '50s. Annual retro celebration in Sandpoint includes a downtown classic car parade Friday, May 18th (6p.m.) and show, rock 'n' roll concerts at the fairgrounds, and more. Lostinthe50s.org. 208-265-LOST

May 26 5K Mutt Strutt. Enjoy a 5k fun run/walk with your favorite pooch. Sponsored by "Pawsitive Works", the race begins at 9am at the Bonners Ferry Fairgrounds. The cost is \$10 for dog/human team or \$20 per family. 208.610.9062.

June 2 Arbor Day Ceremony and Arboretum Open House. The 14th annual Sandpoint Arbor Day Ceremony and Arboretum Open House is from 9am-1pm at the North Idaho Native Plant Arboretum at Lakeview Park. Activities include Ceremony, free native plant seedlings, a kids' booth, a native plant sale, baked goods, homemade crafts, a yard art sale and habitat tours. 208.627.3292.

**June 7 - Spring Fling.** Sandpoint High School Choir Department's Annual Spring Fling. This event will be held at the Panida Theater at 6pm.

June 9 Sandpoint Life. Sandpoint Life hosts with the artisans of the Old Granary a fair and party from 12pm into the evening. Learn about what new and exciting things are happening in Sandpoint during this unique lifestyle expo—featuring everything from artists, holistic health, green building and locally-made food and beverages. There will be free music, samples and fun for the whole family. 208.265.8440.

June 16 Danceworks Spring Show. Danceworks annual Spring Show is hosted by the Panida Theater at 3pm. 208.263.9191.

Having fun with the bread making mamas, Rhonda and Susan.



Jodie Newsom, Lisa Ailport, Natalie Larson, Laura Randal, Nicole Ripley, Stephanie Voit, Heidi Welch, Sheena Smith, Lori William

Here are our cute little chickadees before the fun Easter Egg Hunt at the Bridge Assisted Living Center



Nicholas Clay, Lizzie Voit, Natalie Clay, Calvin Williams, Paul Kent, Daisy Conway, Dexter Williams, Zoe Conway

# In Other News....

### Ree you In a Pinch?

Do you need a helping hand?

The BCMC "In A Pinch" group will bring meals, run errands, babysit and perform some other helpful favors for you when you've just had a baby or find yourself in an emergency situation.

If you're interested in joining the In A Pinch group, contact Nicole

Ripley nicrip@gmail.com or Jodie Newsom

newsomcj@frontier.com.

If you're "in a pinch" and need some assistance, contact Nicole Ripley (255-9516 or nicrip@gmail.com) or Jodie Newsom (265-1904 newsomc\_i@frontier.com).

"One person can make a difference and everyone can try."  $\sim$  John F. Kennedy



In Need of a Babysitter? We will continue to provide a list of people that club members recommend. If you have someone to add to the list, please contact Jodie. It is, of course, up to you to establish rates and rules with your chosen sitter. We hope this list helps you!

14 y/o Mary Aylward 946-3530 or 3330 Careywood

15 y/o Sydney Foster 610-8234 Ponderay

15 y/o Katie Mares 263-9098 Base of Schweitzer

16 y/o Marissa Vinson (406)334-0497 Sagle (and has a car)

16 y/o Alex Stevens (H)263-8297, (C)304-2743 Sagle

(Jodie recommends her)

#### Do you need Daycare?

Stephanie Voit just opened a daycare in her home in Sagle. If you are looking for a great family daycare situation, she may be just what you're looking for! Limited openings! 208-627-8727. CPR/First Aid, ICCP, and Criminal Background all available.



Do you have a special announcement or something to share?

E-mail

Steph Voit Agmail.com and we'll share it with the club in next month's newsletter!



#### Recipe:

#### What you'll need:

- 1-16 oz. pkg bowtie pasta
- 2 lbs boneless skinless chicken breasts, cut into strips or small pieces
- 1 cup chopped sweet red pepper
- ¼ cup butter, cubed
- 2 cans condensed cream of chicken soup, undiluted
- 2 cups frozen peas
- 1 ½ cups 2% milk
- 1 tsp garlic powder
- o ¼ to ½ tsp salt
- ¼ tsp pepper
- 2/3 cup grated Parmesan cheese

This has recently become a Voit family favorite. The recipe is pretty simple to prepare and the ingredients are quite flexible. I substitute a powdered mix that I make for the soup and use whatever kind of pasta, chicken and cheese I have on hand. Crowd (and Kid) pleaser!

#### Chicken & Bows (one for now, one for later!)

From Taste of Home Magazine

- 1. Cook pasta according to package directions. Meanwhile in a Dutch Oven, cook chicken and red pepper in butter over medium heat for 5-6 minutes or until chicken is no longer pink.
- 2. Stir in soup, peas, milk, garlic powder, and pepper. Bring to a boil. Reduce heat; simmer, uncovered, for 1-2 minutes or until heated through.
- 3. Serve half of the mixture immediately. Cool the remaining mixture; transfer to a freezer container. Cover and freeze for up to 3 months. Each half will serve 4 hungry family members.

**To use frozen casserole:** Thaw in fridge overnight. Transfer to a shallow, ungreased microwave safe dish. Cover and microwave on high for 8-10 minutes or until heated through, stirring once.

#### Delicious!

#### Crafts:

These two simple crafts go great together and could even make a cute spring centerpiece.

## May Flowers What you'll need:

- Markers
- Newspapers or protective cover for work area
- Coffee filters
- Pipe cleaners for stem

- Cover work area with newspapers or other protective covering.
- 2. Let children draw or color on 5-7 coffee filters with the markers. Random markings are just fine as detailed drawings won't show up in this project.
- 3. Place one coffee filter decorative side down on the table. Stack other coffee filters decorative side up on top.
- 4. Fold coffee filters in half. Scrunch middle of the coffee filters (starting at the bottom coffee filter).
- 5. Wrap pipe cleaner tightly around scrunched area to hold in place. Straighten pipe cleaner to use as flower stem.
- Let the children make a couple and put them in a May Basket or use as a centerpiece with the cute butterflies below.

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# Winged Wonders What you'll need:

- Colorful magazine pages
- Pipe cleaners



- 1. For each butterfly, choose 2 colorful magazine pages. Cut out 2 squares, one 5 inches on a side, the other 4.
- 2. Starting at one corner, accordion-fold the squares on their diagonals; our folds were 1/4 inch each.
- Pinch the center of each folded square. Bend a 12inch pipe cleaner in half and create a small loop. Arrange the squares in a butterfly shape and center them inside the pipe cleaner.
- 4. To secure the wings, twist the pipe cleaner above and below the wings and curl the ends for antennae.

